



*We are faith-based, psychology-informed & family-trusted.  
All groups are Therapist-led, Confidential, & Close after 1st week.*

## In Real Life - Women

**SEPT 13, -NOV 8, 2018**  
(8 WEEKS, EVENINGS, 6:30-8:30P)  
COST: \$200 PER ATTENDEE

Reclaim your identity! This group focuses on the unique challenges of working with, loving, living with and/or leaving someone who suffers from Narcissistic or other Personality Disorders. We will focus on providing support through identifying practical coping tools, learning how to apply these tools, and heal from these destructive relationships. All situations are unique, but together we can work together toward healing and empowerment. Women ages 20+.

**LEADER:**  
MS. BRENDA TAYLOR, MS, STUDENT-INTERN  
**SUPERVISOR: MRS. ELIZABETH DAVIS, MA, LPC-S**

## Couples Master Class

**JANUARY 11&12, 2019**  
COST: \$250 PER COUPLE

This group will focus on the latest scientific findings in marriage. Couples will learn how to strengthen their bond, improve communication and heal any hurts. For all stages and ages.

**CO-LEADERS:**  
MRS. ELIZABETH DAVIS, MA, LPC-S &  
MR. SHANON THOMAS, MA, LPC INTERN  
**SUPERVISOR: DR. GREGORY DILLON**

## In Real Life - CoEd

TBD: (8 WEEKS, EVENINGS, 6:30-8:30P)  
COST: \$200 PER ATTENDEE

See Description Above. Coed, ages 20+.

**CO-LEADERS:**  
MS. BRENDA TAYLOR, MS, STUDENT-INTERN  
MR. SHANON THOMAS, MA, LPC INTERN

## Couples Master Class

**OCTOBER 11&12, 2019**  
COST: \$250 PER COUPLE



This group is for Spanish (ES) & English (EN) bilingual couples as well as ES couples.

Este grupo se enfocará en la última hallazgos científicos en el matrimonio. Parejas aprenderá cómo fortalecer su vínculo, mejorar la comunicación y sanar cualquier duele. Para todas las etapas y edades.

**CO-LEADERS:**  
MRS. STELLA CENTENOS, MA, STUDENT-INTERN & SUPERVISOR: MRS. ELIZABETH DAVIS, MA, LPC-S

## Every Man, God's Man

TBD: (8 WEEKS, EVENINGS, 6:30-8:30P)  
COST: \$200 PER ATTENDEE

This is a group for men who need encouragement and community in pursuit of integrity with God and in their marriage. No shaming, no judging. We will explore ways to increase authenticity with God and with ourselves.

**LEADER:**  
MR. SHANON THOMAS, MA, LPC INTERN

## Coming Thursdays in 2019:

**Anger Management,  
Clinical Meditation,  
Smart Blended Family,  
Smart Couple - Smart Finances,  
Leading on Empty** - for Clergy & Ministry Leaders ,  
**Prepare/Enrich, and more!**



TBD: Dates & Times  
are subject to change. Visit  
our website for latest details.

*Strong Families - Strong Communities*